DOCUMENT RESUME

ED 029 955

By-Smith. Elizabeth M.

Practical Nursing Education. A Guide for Teaching Basic Concepts and Skills in the Use of Drugs. Pamphlet Number 4.

National Association for Practical Nurse Education and Service. Inc., New York, N.Y.

Pub Date 67

Note-27p.

ERIC

Available from-National Association for Practical Nurse Education and Service. Inc., 535 Fifth Avenue, New York, N.Y. 10017 (\$1.50)

EDRS Price MF-\$0.25 HC-\$1.45

Descriptors-Course Content, Course Organization, *Curriculum Guides, *Drug Therapy, *Health Occupations Education, Medical Treatment, Practical Nurses, *Practical Nursing

Intended to assist teachers in either basic or continuing education programs to convey knowledge, techniques, and attitudes pertaining to drugs, the pamphlet outlines instruction which is estimated to require 70 to 100 hours of which 50 to 80 should be scheduled for classroom work and 20 hours for clinical work. Three units containing concepts fundamental to the use of drugs should be presented early in the program in association with some supervised clinical experiences. The remaining units concern concepts for the use of specific drugs such as disinfectants, and drugs that affect the skin and mucous membrane and drugs that affect the circulatory system and the blood, the respiratory system, the gastrointestinal system, the urinary system, the nervous system, and the endocrine and reproduction systems, and should be correlated with teaching in the clinical area and supervised experiences with patients. Each unit outline includes time allotment, objectives, subjects for discussion, and suggested teaching methods. Included are a bibliography and a list of pharmaceutical companies from which teaching materials are available. (JK)

PRACTICAL NURSING EDUCATION ,

C PAMPHLET NUMBER 4 ...

A GUIDE FOR TEACHING BASIC CONCEPTS AND SKILLS IN THE USE OF DRUGS.

Developed by Elizabeth M. Smith, R.N., M.Ed.

U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE OFFICE OF EDUCATION

THIS DOCUMENT HAS BEEN REPRODUCED EXACTLY AS RECEIVED FROM THE PERSON OR ORGANIZATION ORIGINATING IT. POINTS OF VIEW OR OPINIONS STATED DO NOT NECESSARILY REPRESENT OFFICIAL OFFICE OF EDUCATION POSITION OR POLICY.

3 National Association for Practical Nurse Education and Service, Inc., 535 Fifth Avenue, New York, N.Y., 10017

Price: \$1.50



PAMPHLETS ON PRACTICAL NURSING EDUCATION

Pamphlet No. 1–A Guide to Curriculum Development	\$1.00
Pampulet No. 2—A Guide to the Improvement of Classroom Teaching and Testing	\$2.00
Pamphlet No. 3-A.Guide for Establishing and Improving Educational Programs: Criteria and Procedures for Accreditation	\$.50
Pamphlet No. 4—A Guide for Teaching Basic Concepts and Skills in the Use of Drugs	\$1.50

"PERMISSION TÕ REPRODUCE THIS COPYRIGHTED, MATERIAL HAS BEEN GRANTED Autur No llan BY

TO ERIC AND ORGANIZATIONS OPERATING UNDER AGREEMENTS WITH THE U.S. OFFICE OF EDUCATION. FURTHER REPRODUCTION OUTSIDE THE ERIC SYSTEM REQUIRES PERMISSION OF THE COPYRIGHT OWNER."

Full Task Provided by ERIC

© Copyright 1967 by National Association for Practical Nurse Education and Service, Inc. Printed in the United States of America. ~

. .

CONTENTS

	Pa	ge
How to Use T	his Pamphlet	5
Over-all Objec	tives of the Instruction	7
Concepts Fundamental to the U.S. C.D.		8
Unit. I:	Introduction and Orientation	8
Unit II:	Drugs and Solutions and Measurements 1	0
Unit III:	Pharmaceutical Preparations, Drug Action, and Routes of Administration	1
Concepts Esser	ntial for the Use of Specific Drugs 1	3
	ncluded in Each of Units IV-XIII	
Objectives	s 1	3
Content to	o Be Reviewed 1	3
New Cont	tent 1	3
Learning	Experiences in the Clinical Laboratory 1	4
Unit IV:	Antiseptics, Disinfectants, and Drugs That Affect the Skin and Mucous Membrane	6
Unit V:	Drugs Used in Nutritional Deficiencies	7
Unit VI:	Drugs That Affect the Circulatory System and the Blood	8
Unit VII:	Anti-infective Drugs 1	9
Unit VIII:	Drugs That Affect the Respiratory System	0
Unit IX:	Drugs That Affect the Gastrointestinal System	1
Unit X:	Drugs That Affect the Urinary System	2
Unit XI:	Drugs That Affect the Nervous System	3
Unit XII:	Drugs That Affect the Endocrine and Reproductive Systems	4
Unit XIII:	Drugs Used in Neoplastic Diseases	5
Selected Biblio	graphy 20	6
Some Sources o	of Instructional Materials 2'	7

•

How to Use This Pamphlet

This document is intended to help teachers of practical/vocational nursing in either basic programs or continuing education programs to teach the knowledge, techniques, and attitudes pertaining to drugs and their administration that are essential for many licensed practical/vocational nurses today. Its preparation has resulted from the recognition by the National Association for Practical Nurse Education and Service that the activities of licensed practical/vocational nurses have been increasing tremendously with respect to both the administration of drugs and the observation of patients to whom drugs have been administered. As a consequence of this increased responsibility, considerably more instruction in the use of drugs is being provided in the curriculums of many basic programs in practical/vocational nursing. Also, inservice education programs and other supplementary courses in drug administration are being provided for licensed practical/vocational nurses who, in their basic programs, received less preparation in this area than is being offered in today's basic programs.

The materials presented here can be used in either type of educational offering. They suggest appropriate content and teaching methods for both classroom instruction and the learning experiences in the clinical laboratory. The estimate of the time required is 70-100 hours, of which about 50-80 hours are scheduled for classroom instruction and 20 hours for clinical laboratory experiences.

The classroom content has been divided into thirteen units. The first three units include content which is considered foundational—the characteristics of the various classifications of drugs, pharmacological terminology and measurements, and the principles and other abilities (including arithmetic ability) basic to drug administration. This content should be presented early in the program in association with some supervised clinical experiences. The content in Units IV through XIII should be correlated with teaching in the clinical laboratory and supervised experiences with patients. A recommended general pattern for these clinical learning experiences will be found immediately preceding Unit IV.

These materials were developed and have been tested in the Dayton (Ohio) School of Practical Nursing. It should be emphasized, however, that they are not being issued with the idea that they should be followed in every detail by any program; rather, they should be adapted to the particular program in which they are being used. In basic programs especially, the faculty will doubtless want to arrange for the integration or close correlation of the content in Units IV through XIII with that in the various nursing courses, and in so doing, may change its sequence. Correlation of experiences in administering drugs with the other care measures a student is using with her assigned patients may be facilitated by the use of a nursing care plan. In inservice programs, the content suggested for these units might well be supplemented by a review of relevant knowledge from anatomy and physiology as well as a review of the patient problems and needs for which the use of drugs is indicated.

Likewise, the suggested time allotment should be regarded as only a guide to help faculties or inservice education instructors who are planning to introduce

1-5

ERIC

this content into their programs. The allotment for clinical experience, in particular, should be flexible enough to permit these experiences to be related to the other learning experiences that the students are having with patients. In instances where a review of previously learned content is needed, additional time should be allowed for this activity.

Also, some faculties may wish to augment the content in accordance with the objectives of their programs. For example, in programs that prepare the student for practice in a psychiatric setting, more emphasis might be given to the use of ataractic drugs.

In any event, because of the frequent appearance of new types of drugs and the decreasing use of other types, faculties should undertake a periodic review of the content and, when indicated, revise it in the light of current pharmaceutical materials and practices. In any such revision, faculties should take into consideration the varying practices in the situations in which the graduates of their programs may be employed and should not delete content merely because it would not be essential for the licensed practical/vocátional nurses who practice in the hospital or hospitals which they utilize as a learning field. For example, in many hospitals the hospital pharmacy computes the exact dosage of drugs that are to be administered. However, upon graduation some of the students may be practicing in hospitals or nursing homes that have not adopted this procedure; therefore they should be taught to compute fractional doses.

It should also be pointed out that many of the drugs about which information is taught in the classroom will not be administered by the licensed practical/ vocational nurse; her need for knowledge about them stems from the fact that she should be able to make intelligent observations of, and reports on, patients to whom they have been administered. It therefore behooves the instructor to give careful thought to the selection of the medicines which the students administer in the clinical laboratory, and these medicines should be given only under her supervision.

In conclusion, it is urged that in teaching the use of drugs to either basic students or licensed practical/vocational nurses emphasis should be placed on the principles involved. This policy, which is of course applicable in all areas of nursing education, is particularly important in this area because of the frequency with which changes occur in it. The licensed practical/vocational nurse who has a sound understanding of the scope of her participation in the administration of drugs and the basic principles underlying this administration can, it is thought, be relied on to incorporate these activities into her nursing care of patients.

6

ERIC

Objectives of the Instruction

CENTRAL OBJECTIVE:

ERIC

To assist the student of practical/vocational nursing (basic student or licensed practical/vocational nurse) to participate appropriately in the total process involved in the administration of a drug to a patient, including the observation, recording, and reporting of the effects of the drug.

CONTRIBUTORY OBJECTIVES:

1. To assist the student to develop an appreciation of the fact that the administration of drugs is a part of total patient care.

2. To instill in the student an awareness of the fact that a drug should be administered only on the basis of sound knowledge of its possible actions, both favorable and unfavorable, and that any such administration should be followed by alert and intelligent observation and recording of the effects of the drug and a reporting of any untoward effects.

3. To inculcate in the student a knowledge of the extent, including the limitations, of a licensed practical/vocational nurse's responsibilities for the preparation and administration of drugs.

4. To assist the student to develop the knowledge and skills essential for performing the functions associated with the administration of drugs which might properly be assigned to a licensed practical/vocational nurse.

5. To assist the student to become familiar with reliable sources of information about current drugs and newly developed techniques in drug administration.

6. To assist the student to become thoroughly familiar with regulations that are associated with prescribing, storing, dispensing, administering, and possessing drugs.

Concepts Fundamental to the Use of Drugs UNIT I: Introduction and Orientation

TIME ALLOTMENT: 3-5 hours

OBJECTIVES:

Full Fact Provided by ERIC

To assist the student:

1. To acquire an understanding of the requisites of the course.

2. To become familiar with the terminology of pharmacology.

3. To become familiar with sources of information about drugs and their administration.

4. To develop an introductory knowledge of the legal regulations governing the use of drugs.

5. To understand fully the scope and the seriousness of the responsibility involved in the administration of drugs and the danger of administering a drug to herself or to others without direction from a physician.

6. To develop an appreciation of the extent of her responsibility in the administration of drugs.

Content	Teaching Methods
A. Introduction and orientation	Lecture
1. Objectives and requirements	Discussion
2. Text, supplementary materials, and references	
3. Methods of evaluation	
B. Terminology	Library assignment:
1. Pharmacology	Definition of terms
2. Materia medica	
3. Therapeutics	
4. Toxicology	
5. Pharmacy	
6. Drug	
7. Proprietary	
8. Generic	
C. History and source of drugs	Samples of crude drugs
1. Plant kingdom	N,
2. Animal kingdom	
3. Mineral kingdom	
4. Synthetic drugs	
8	

Content

D. Drug standards and references

- 1. United States Pharmacopeia (U.S.P.)
- 2. National Formulary (N.F.)
- 3. New Drugs
- 4. Physicians' Desk Reference (P.D.R.)
- E. Legislation and drugs
 - 1. Federal Food, Drug, and Cosmetic Act
 - 2. Harrison Narcotic Act
 - 3. Special state laws
- F. Personnel responsible for drug therapy
 - 1. Physician
 - 2. Pharmacist
 - 3. Nurse
 - a. Preparing drugs for administration
 - (1) Equipment
 - (2) Procedure
 - b. Preparing the patient
 - c. Administering medication
 - d. Observing, recording, reporting effects
 - e. Teaching the patient
- G. Prescriptions
- H. Storage and care of drugs
 - 1. Placement in medicine cabinets
 - 2. Stock drugs
 - 3. Locked drugs
 - 4. Emergency drugs
 - 5. Care and cleaning of cabinet
 - 6. Drugs requiring refrigeration
- I. Major problems
 - 1. Availability of drugs
 - 2. Self-medication
 - 3. Protection of public against patent medicines
- J. Cost of drugs

ERIC

Teaching Methods

Lecture Book display

Review Guest speaker: Pharmacist

Samples of: Prescription Kardex Medicine ticket Equipment

Film (Suggestion: "No Margin for Error," W. S. Merrell Co.)

Assignment: Be prepared to discuss hospital policy in relation to: Drug storage Narcotics Hypnotics Emergency drugs Clinical assignment

Discussion

Assignment: Prepare list of most frequently used drugs in clinical laboratory and list cost. QUIZ



UNIT II: Drugs and Solutions and Measurements

TIME ALLOTMENT: 10-16 hours

OBJECTIVES:

To assist the student:

1. To realize the seriousness of the effects of drugs and the importance of accuracy in dealing with drugs.

2. To become familiar with common symbols and abbreviations used in drug therapy.

3. To gain an understanding of the various systems used in weighing and measuring drugs and to learn how to convert from one system to another.

4. To learn to calculate dosage.

5. To gain understanding of the factors which may modify drug dosage.

Content **Teaching Methods** A. Review of Arabic and Roman numerals Lecture Refer to text B. Review of abbreviations and symbols Blackboard demonstration C. Arithmetic review 1. Common fractions 2. Decimals 3. Percent 4. Ratio and proportion D. Common drug abbreviations and symbols Tables E. Weights and measurements Table of equivalents 1. Metric system-dry and liquid involving conversion of 2. Apothecary system-dry and liquid weights and measurements F. Fahrenheit and centigrade temperatures system to another G. Posology 1. Terminology of dosage **Problem-solving**: 2. Measurement of dosage **Blackboard practice** a. Strengths of simple solutions b. Oral dosage from stock solution c. Fractional dosages

3. Conditions modifying dosage

a. Age, weight, sex, etc.

41.14

ERIC

b. Pathologic conditions (both physical and emotional) Assignment: Solve problems and temperatures from one

QUIZ

UNIT III: Pharmaceutical Preparations, Drug Action, and Routes of Administration

TIME ALLOTMENT: 2-4 hours

OBJECTIVES:

To assist the student:

1. To develop an appreciation of the extent of her responsibility in the administration of drugs.

2. To acquire knowledge of the various types of pharmaceutical preparations.

3. To acquire knowledge of the channels and techniques of drug administration and to develop an understanding of the necessity of administering the correct drug by the right route.

4. To help the student to develop skill in certain techniques of administration.

Content

A. Pharmaceutical preparations

- 1. Liquids
- 2. Solids and semisolids
- 3. Others-vials, ampules, etc.
- B. Types of drug action
 - 1. Local effect
 - 2. Systemic effect
 - a. Selective
 - b. Untoward
 - c. Idiosyncratic.
 - d. Cumulative
 - e. Antagonistic
 - f. Synergistic
 - 3. Emotional effect

C. Channels or routes of administration

- 1. Channels
 - a. Oral
 - b. Rectal
 - c. Vaginal
 - d. Sublingual

Samples of drugs and equipment for each type of administration Illustrations of techniques and demonstrations where indicated

Teaching Methods

Definitions and examples

Lecture

Sample exhibit

Discussion



Content

e. Parenteral

- (1) Intradermal
- (2) Subcutaneous
- (3) Intramuscular
- (4) Hypodermoclysis
- (5) Intraperitoneal
- (6) Intravenous
- (7) Intracardial
- (8) Intrapleural
- (9) Intraspinal
- (10) Implants
- f. Inhalation
- g. Inunction
- h. Instillation
- 2. Factors influencing choice of channel
- 3. Responsibility, including limitations, of the licensed practical/vocational nurse with respect to each type of administration
 - a. Measurement
 - b. Preparation of the patient and equipment
 - c. Administration

- d. Observing, recording, and reporting
- e. Teaching the patient

QUIZ COM. ENSIVE REVIEW OF UNITS I-III

Samples of drugs and equipment for each type of administration Illustrations of techniques and demonstrations where

indicated

Teaching Methods

Concepts Essential for the Use of Specific Drugs Instruction Included in Each of Units (V-XIII

Υ.

So that repetition may be avoided, objectives, content, and learning experiences in the clinical laboratory which apply to each unit in this group are listed here.

Objectives

1. To assist the student to acquire knowledge concerning the characteristics of the commonly used drugs in the area with which the unit deals and to apply this knowledge to the care of patients.

2. To assist the student to develop a thorough understanding of the role of the licensed practical/vocational nurse, including the limitations of this role, in the administration of the drugs studied in the unit.

3. To inculcate in the student the importance of being alert to signs or symptoms of untoward effects and reporting these immediately.

Content to Be Reviewed

Each unit should include a review of the knowledge required for measuring drugs, with special application to the drugs studied in the unit.

In many instances, particularly in basic programs, the content in this section will be integrated in or closely correlated with courses in which the students learn to care for patients of various types. When this is not the case, the unit should include:

- 1. A review of the relevant anatomy and physiology.
- 2. A review of the patient problems and needs for which each type of drug is used.

New Content

Instruction should include appropriate information about the commonly used drugs of each type, including:

Name

ERIC

a. Generic name
b. Proprietary, or brand, name
Source
Mode of action
Usual dosage(s)
Usual method(s) of administration
Why given-desired action(s)
Common side effects
Untoward reaction(s) to which student should be alert
How excreted

New Content (cont.)

Nursing measures

Responsibilities which the licensed practical/vocational nurse may be expected to assume

- a. Measurement
- b. Preparation of the patient and equipment
- c. Administration
- d. Observing, recording, and reporting
- e. Patient teaching
- Variations occasioned by the patient's age, socioeconomic background, attitudes, and so on.

Before each unit, the students should be given a reading assignment that is pertinent to the content of the unit.

Learning Experiences in the Clinical Laboratory

TIME ALLOTMENT: 20 hours (distributed throughout Units IV-XIII)

OBJECTIVES:

ERIC.

1. To familiarize the student with hospital policies regarding drugs.

2. To make the student aware of the importance of the correct interpretation of the physician's orders and exactness in following these orders.

3. To help the student to develop an understanding of the principles of the techniques used in drug administration and to develop skill in the techniques which she, as a licensed practical/vocational nurse, may be expected to use.

Content and Techniques	Teacher and Student Activities
A. Preparation of medication for administration	Demonstration and practice
1. Calculation and preparation of correct medication and dosage for the right patient	
2. Rules and safety measures	
B. Nurse's responsibility regarding drug order	Demonstration and practice
1. Checking the physician's order	
2. Transferring physician's orders	
a. Kardex	Illustrate the Kardex
(1) Transferring orders	
(2) Checking with medicine card	
b. Medicine tickets—information required	Illustrate with sample ticket Demonstrate proper infor- mation
3. Method and procedure of re-ordering	Demonstration and practice
14	

Content and Techniques	Teacher and Student Activities
 4. Requisitioning drugs from pharmacy a. For individual b. For stock supply 	Practice
5. Narcotic record	Practice using forms
6. Medication charting forms and records	Practice
 C. Procedures and techniques for administering medicines 1. Oral 	Review and practice
2. Rectal	
3. Vaginal	
4. Parenteral	
5. Eye and nose	Discussion
D. Special techniques	Discussion
1. Aged and senile patients	Problem-solving: Examples
2. Infants	of problems of individual
3. Disturbed patients	patients (actual or hypo-
4. Others	thetical)

15

-

•

ERIC FullEast Provided by ERIC

UNIT IV: Antiseptics, Disinfectants, and Drugs That Affect the Skin and Mucous Membrane

TIME ALLOTMENT: 3-5 hours

OBJECTIVES: See page 13 for Objectives 1-3

4. To assist the student to learn the methods of preparing simple solutions that are used in carrying out functions which might be expected of the licensed practical/vocational nurse.

Content	Teaching Methods
A. Factors which determine germicidal effi- ciency and essentials of a good disinfectant	Assigned reading
B. Definition of terms	Lecture
1. Aseptic	
2. Antiseptic	
3. Disinfectant	
4. Germicide	
5. Deodorant	
C. Commonly used antiseptics and disinfectants	Lecture
1. Methods of action	
2. Uses	
3. Preparation	Practice preparing simple solutions at various strengths
D. Drugs that affect the skin or mucous mem- brane	Define terms
1. Soothing substances	Assignment: Students make
a. Emollients	a list of preparations in each
b. Demulcents	category used in the clinical laboratory. Discuss in class.
c. Antipruritics	haberatery. Discuss in class.
d. Protectives	
2. Astringents	
3. Irritants	
a. Counterirritants	Illustrative material
b. Rubefacients	
c. Vesicants	
4. Keratolytics	
5. Anodynes	QUIZ

16

ERIC.

UNIT V: Drugs Used in Nutritional Deficiencies

TIME ALLOTMENT: 3-5 hours

OBJECTIVES: See page 13

Content

Bulletin board display A. Vitamins 1. Characteristics Lecture Discussion of students' con-2. Common misconceptions ceptions 3. Types a. Fat-soluble b. Water-soluble 4. Cost Lecture **B**. Minerals Samples of types used in 1. Types and abbreviations clinical laboratory 2. Use in maintenance of fluid and electrolyte balance C. Tissue-building hormones (anabolics) Lecture D. Drugs used in the treatment of anemias Lecture 1. Liver preparations Practice in intramuscular ad-2. Vitamin B_{12} ministration 3. Iron 4. Folic acid 5. Hydrochloric acid (HC1) 6. Stomachics

E. Blood transfusion

ERIC Full fact Provided by ERIC

1. Licensed practical/vocational nurse's responsibilities

Teaching Methods

Demonstration of equipment Practice in observing technique Quiz

UNIT VI: Drugs That Affect the Circulatory System and the Blood

TIME ALLOTMENT: 4-6 hours

OBJECTIVES: See page 13

Content

- A. Drugs that affect the heart
 - 1. Cardiac stimulants
 - 2. Cardiac depressants
- B. Drugs that act on the blood vessels
 - 1. Vasoconstrictors
 - 2. Vasopressors
 - 3. Vasodilators
- C. Drugs that act on the blood
 - 1. Coagulants
 - 2. Anticoagulants

D. Drugs that modify the reaction of the blood

- 1. To treat alkalosis
- 2. To treat acidosis

ERIC

E. Drugs used in diagnostic procedures, including drugs used as x-ray contrast media

Teaching Methods

Lecture

QUIZ

Films and other materials from Heart Association Assigned readings

Drug samples

Assignment: Prepare a list of cardiac drugs used in the clinical laboratory

Discuss important observations during therapy Review "coagulation time"

UNIT VII: Anti-infective Drugs

TIME ALLOTMENT: 3-5 hours

OBJECTIVES: See page 13

Content

A. Antibiotics

Teaching Methods

Lecture

Assigned reading

Samples of commonly used antibiotics

Lecture

B. Sulfonamides

C. Antisyphilitic drugs

D. Antimalarial drugs

E. Serums and vaccines

F. Antihistamines

Quiz

UNIT VIII: Drugs That Affect the Respiratory System

TIME ALLOTMENT: 3-5 hours

ERIC.

OBJECTIVES: See page 13 for Objectives 1-3

4. To assist the student to learn the techniques used in inhalation therapy for which the licensed practical/vocational nurse may be responsible.

Content	Teaching Methods
A. Expectorants	Define terms
1. Depressants	Show drug samples
2. Stimulants	Discussion
B. Pulmonary antiseptics	
C. Respiratory detergents	
D. Antispasmodics	
E. Steroids	
F. Inhalation therapy	
1. Oxygen	Discussion
a. Equipment used	Demonstration of equipment
(1) Tents	
(2) Masks	
(3) Other	Ol antion empiricance in
b. Intermittent positive pressure breathing	Observation experience in IPPB and use of nebulizers
(IPPB)	Discussion
c. Safety measures	Discussion
2. Vaporizers used with hot or cold steam	
a. Types b. Equipment used	Demonstration of equipment
G. Drugs used in treating tuberculosis	Drug samples
1. Streptomycin	
2. Para-aminosalicylic acid (PAS)	
3. Isoniazid	
H. Drugs used in diagnostic procedures, includ-	
ing drugs used as x-ray contrast media	QUIZ

UNIT IX: Drugs That Affect the Gastrointestinal System

TIME ALLOTMENT: 3-5 hours

OBJECTIVES: See page 13

Content

A. Drugs that act on the stomach

- 1. Antacids
- 2. Anticholinergics
- 3. Digestants
- 4. Antinauseants (antiemetics)
- 5. Carminatives
- 6. Emetics

ERIC

B. Drugs that act on the intestines

- 1. Cathartics (various types)
- 2. Antidiarrheics
- 3. Sedatives and antispasmodics

4. Antihelminthics

C. Drugs used in diagnostic procedures, including drugs used as x-ray contrast media

Teaching Methods

Lecture Assigned reading Discussion Drug samples Define terms

Assignment: Identify cathartics commonly used in clinical laboratory

Guest speaker from radiology department to stress proper preparation and after care

Use of x-ray films to illustrate QUIZ an on the second of the second second second of the second of the second s

UNIT X: Drugs That Affect the Urinary System

TIME ALLOTMENT: 2-4 hours

OBJECTIVES: See page 13

Content

A. Diuretics

ERIC Prelitione Provides by ERIC

- B. Urinary antiseptics
- C. Bladder sedatives

D. Drugs used to change composition of urine

- 1. Drugs that decrease acidity
- 2. Drugs that increase acidity

Teaching Methods

Lecture Assigned reading Review fluid and electrolyte balance Assignment: Report on patients receiving drugs Discuss possible effects as a result of combinations of drugs

Quiz

E. Drugs used in diagnostic procedures, including drugs used as x-ray contrast media

UNIT XI: Drugs That Affect the Nervous System

TIME ALLOTMENT: 8-10 hours

ERIC

OBJECTIVES: See page 13 for Objectives 1-3

4. To help the student to become thoroughly familiar with the legal regulations that are associated with prescribing, storing, dispensing, administering, and possessing such drugs as hypnotics and narcotics.

Content

Teaching Methods

A. Drugs that affect the central nervous system Lecture Assigned readings 1. Types Film a. Stimulants b. Depressants Discussion of nurse's oppor-(1) Danger of suicides and accidental tunity to help forestall suideaths cides Discussion of habit-forming c. Antidepressants and hallucinatory characterd. Hypnotics and sedatives istics of certain drugs (1) Barbiturates Assignment: Prepare list of narcotics and hypnotics com-(2) Bromides monly used in clinical lab-(3) Chloral hydrate oratory e. Analgesics (1) Opium and derivatives (2) Synthetics (3) Salicylates f. Tranquilizers g. Antispasmodics h. Anticonvulsants i. Muscle relaxants (including review of steroids) j. Anesthetics (1) General (2) Local 2. Legal regulations concerning habit-form-Discussion of legal regulations concerning drugs and ing drugs the equipment used with some of them B. Drugs that affect the autonomic nervous sys-Samples of drugs tem 1. Adrenergic agents Quiz 2. Cholinergic agents

UNIT XII: Drugs That Affect the Endocrine and Reproductive Systems

TIME ALLOTMENT: 4-6 hours

OBJECTIVES: See page 13

A. Hypoglycemic agents

b. Other agents

a. Insulin

1. Types

-

「日本」

いたないないというないないないないないないない

ERIC

Content

Teaching Methods

Lecture

Student practice in measuring dose of insulin and in subcutaneous injection Lecture

Duration of action
 Measures for counteracting untoward effects

B. Drugs used for thyroid condition

2. Techniques of administration

- 1. Hyperthyroidism
 - a. Iodine and iodide
 - b. Lugol's solution
 - c. Radioactive iodine (I¹³¹)

2. Hypothyroidism

- a. Thyroid extract
- b. Thyroxin
- 3. Other agents
 - a. Natural
 - b. Synthetic

C. Drugs that affect the reproductive system

- 1. Male sex hormones
 - a. Natural
 - b. Synthetic
- 2. Female sex hormones
 - a. Natural
 - b. Synthetic
- 3. Ecbolics and oxytocics
- 4. Pituitary hormones

Lecture

Lecture Illustrations from drug company materials which show the effects of drugs on the reproductive system

Quiz

UNIT XIII: Drugs Used in Neoplastic Diseases

TIME ALLOTMENT: 2-4 hours

OBJECTIVES: See page 13

Content

A. Radioactive isotopes

- B. Alkylating agents
 - 1. Nitrogen mustards
 - 2. Theo-TEPA
 - 3. Myleran
 - 4. 5-Fluorouracil
- C. Review of drugs used for supportive measures

Teaching Methods

-G

300

Lecture

Speaker from radiology department, if available, or Cancer Society

Films about chemotherapeutic agents for neoplastic diseases from drug companies

TERMINAL REVIEW AND EVALUATION OF STUDENT ACHIEVEMENT



There are a statistically a statistically a statistically a statistical statistica

EX.

Selected Bibliography

- Asperheim, Mary Kaye: *Pharmacology for Practical Nurses*, ed. 2, Philadelphia: W. B. Saunders, 1967.
- Culver, Vivian M. and Brownell, Kathryn O.: The Practical Nurse, ed. 6, Philadelphia: W. B. Saunders, 1964.
- Faiconer, Mary W., et al.: The Drug, The Nurse, The Patient, ed. 3, Philadelphia: W. B. Saunders, 1956.
- Fitch, Grace E.: Arithmetic Review and Drug Therapy for Practical Nurses, ed. 2; New York: Macmillan, 1966.
- Garb, Solomon and Crim, Betty Jean: Pharmacology and Patient Care, ed. 2, New York: Springer, 1966.
- McClain, M. Esther: Simplified Arithmetic for Nurses, ed. 3, Philadelphia: W. B. Saunders, 1966.

Modern Medications, Journal of Practical Nursing, each issue.

- National Formulary, American Pharmaceutical Association. Easton, Pa.: Mack, recent edition.
- New Drugs, Council on Drugs of the American Medical Association. Philadelphia: J. B. Lippincott, recent edition.
- Pharmacopeia of the United States of America, The United States Pharmacopeial Convention. Easton, Pa.: Mack, recent edition.

Physicians' Desk Reference, Oradell, N. J.: Medical Economics, recent edition.

- Sister Suzanne Marie: Pharmacology for Practical Nurses, Philadelphia: W. B. Saunders, 1963.
- Squire, Jessie E.: Basic Pharmacology for Nurses, ed. 3, St. Louis: C. V. Mosby, 1965.
- Thompson, Ella M. and Murphy, Constance: Textbook of Basic Nursing, Philadelphia: J. B. Lippincott, 1966.

Weaver, Martha and Koehler, Vera J.: Programmed Mathematics of Drugs and Solutions, Philadelphia: J. B. Lippincott, 1966.

26

ERIC

Some Sources of Instructional Materials

Pharmaceutical companies are excellent sources of free illustrative teaching materials pertaining to their products. Information about these materials can be obtained from the field representatives of these companies or by writing to the companies. Some of these companies are listed below. Their addresses can be found in the *Physicians' Desk Reference*.

UNIT IV

Crookes-Barnes Laboratories, Inc. Eaton Laboratories Lilly and Company, Eli Merck Sharp & Dohme Merrell Co., The Wm. S. White Laboratories, Inc. Winthrop Laboratories

UNIT V

Abbott Laboratories Armour Pharmaceutical Company Kenwood Laboratories, Inc. Lederle Laboratories Lilly and Company, Eli Mead Johnson Laboratories Organon, Inc. Parke, Davis & Company **Roche Laboratories** Roerig & Company, J. B. Smith Kline & French Laboratories Squibb & Sons, E. R. Stuart Company, The Upjohn Company, The White Laboratories, Inc. Winthrop Laboratories

UNIT VI

Burroughs Wellcome & Co., Inc. Ciba Pharmaceutical Company Dubin Laboratories, Inc., H. E. Kenwood Laboratories, Inc. Lederle Laboratories Lilly and Co., Eli Merck Sharp & Dohme Riker Laboratories, Inc. Sandoz Pharmaceuticals Searle & Co., G. D. Upjohn Company, The Warner-Chilcott Laboratories Wyeth Laboratories

i

ERIC

UNIT VII

Burroughs Wellcome & Co., Inc. Lederle Laboratories Lilly and Co., Eli Merck Sharp & Dohme Parke, Davis & Company Pfizer Laboratories Pitman-Moore Company Robins Co., Inc., A. H. Roche Laboratories Schering Corporation Searle & Co., G. D. Upjohn Company, The Wyeth Laboratories

UNIT VIII

Ciba Pharmaceutical Company Endo Laboratories, Inc. Merck Sharp & Dohme Pfizer Laboratories Robins Co., Inc., A. H. Schering Corporation Smith Kline & French Laboratories Upjohn Company, The Warner-Chilcott Laboratories Wyeth Laboratories

UNIT IX

Ames Company, Inc. Fleet Company, Inc., C. B. Geigy Pharmaceuticals Mead Johnson Laboratories Merrell Co., The Wm. S. Robins Co., Inc., A. H. Roerig & Company, J. B. Rorer, Inc., William H. Searle & Co., G. D. Squibb & Sons, E. R. Stuart Company, The Warner-Chilcott Laboratories Wyeth Laboratories

UNIT X

Ames Company, Inc. Hynson, Westcott & Dunning, Inc. Merck Sharp & Dohme Pfizer Laboratories Roche Laboratories Squibb & Sons, E. R. Wårner-Chilcott Laboratories

UNIT XI

Abbott Laboratories Breon Laboratories, Inc. Geigy Pharmaceuticals Lilly and Company, Eli Merrell Co., The Wrn. S. Riker Laboratories, Inc. Robins Co., Inc., A. H. Roche Laboratories Sandoz Pharmaceuticals Smith Kline & French Laboratories Wallace Laboratories Winthrop Laboratories

1

Full Back Provided by ERIC

UNIT XII

Armour Pharmaceutical Company Ayerst Laboratories Ciba Pharmaceutical Company Merck Sharp & Dohme Organon, Inc. Ortho Pharmaceutical Corporation Pfizer Laboratories Ross Laboratories Schering Corporation Smith Kline & French Laboratories Squibb & Sons, E. R. Warner-Chilcott Laboratories

UNIT XIII

Endo Laboratories, Inc. Lederle Laboratories Roche Laboratories